Title: How to communicate effectively with my parents?

Date/Time: 12 July 2013, 9.00am-10.00am

Speaker: Ms Chew Siew Wei

Speaker Profile:
Chew Siew Wei is a Lecturer in the Department of Psychology and Counselling, Faculty of Arts and Social Science, UniversitiTunku Abdul Rahman, Perak Campus. Chew joined UTAR since 2006 as an admin staff in one of the departments in UTAR; she then transferred to the Faculty of Arts and Social Science (PJ Campus) in 2007 due to her tertiary education qualification and her strong interest and passion in teaching. She received her Bachelor’s degree in Cognitive Science—the study of mental-mind processes, from University Malaysia Sarawak (UNIMAS). Later she received her Master’s degree in Educational Psychology from the University Putra Malaysia (UPM). Currently, she is applying for an admission to the Faculty of Educational Studies, UPM, to pursue her PhD in Educational Psychology.

In addition, Chew has been involved in giving talks to schools’ students; the 2 previously conducted were for SMJK Yu Hua from Kajang, Selangor in October 2011 and SMJK ShingChung from Sungai Siput, Perak in March 2012. Besides that, she also plays an active role in the department’s and faculty’s events organization, either as a supporting staff or an organizing staff.

Abstract:
Communication is defined as “the act of communicating with people” (Cambridge Dictionaries Online, 2013). Majority of us are doing one way communication, i.e. “I say, you listen!” In the speaker’s opinion, 2-way effective communication is “communicating with people”; moreover, the communication is held between you and your parents. Thus, through this talk, the speaker wishes that at least the one party—the children, are able to understand the factors involved in 2-way effective communication, includes understand the background of our parents and which type of parenting styles they are applying; and what are the barriers stopping us from 2-way effective communication.